

# Kids Summer Food

For children whose household resources are limited, the Free and Reduced-Price Meal Program at public schools helps provide a healthy breakfast and lunch every school day. But what happens when children are out of school for the summer?

ACO provides children in need with bags of healthy, easy-to-prepare meals through the annual *Kids Summer Food Program*.

## Breakfast Items Needed:

- Low Sugar Breakfast Cereal
- Low Sugar Instant Oatmeal
- Granola Bars
- Dried Fruit and Nut Trail Mix
- Juice Boxes
- Shelf-Stable Almond Milk



## Lunch Items Needed:

- Low Sodium Pull-Top Soups
- Wheat Thins
- Chips, Pretzels, Cheese Snacks
- Macaroni and Cheese Cups
- Fat Free Pudding Cups
- Low Sugar Fruit Cups
- Peanut Butter and Jelly



To schedule drop off contact Jessica Schlottman at [jschlottman@acocares.org](mailto:jschlottman@acocares.org)